

## Assertive Community Treatment

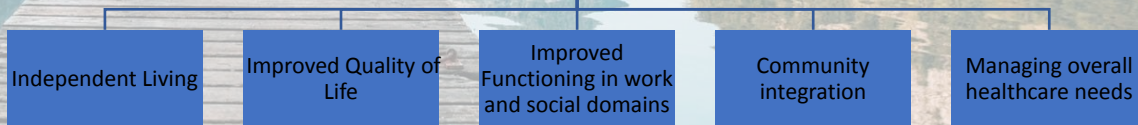
3120 N. Oak St Ext. Suite C  
Valdosta, GA 31602  
229.671.6112  
www.legacysga.com

Assertive Community Treatment (ACT) is a multidisciplinary teaching strategy that takes on the task of delivering assertive outreach, acute, active, and continuous community-based psychiatric treatment, as well as rehabilitation and support. The team offers individualized support to promote healing while inspiring optimism and a sense of power. Individuals might gain respect and value in their communities as a result.

The psychosocial services offered by the ACT program are primarily geared toward individuals who have severe and persistent mental illness. This frequently involves individuals who deal with multiple issues at once, such as substance use, homelessness, or involvement with the legal system.

Assertive Community Treatment is a successful approach for delivering community-based services to individuals whose needs and goals have not been satisfied by conventional office-based treatment and rehabilitation programs.

ACT is designed to facilitate:



Collaboration

Excellence

Inclusiveness

Integrity

Respect

## ACT Goals

- Reduce Stigma
- Person Centered Treatment
- Community Integration
- Decrease Encounters with:
  - Crisis Stabilization
  - Emergency Rooms
  - Law Enforcement

## ACT Services Include:

- Crisis Intervention
- Case Management
- Assist in meeting basic needs
- Substance use disorder Services
- Family Support
- Support in daily living
- Direct goal setting for the individual

Legacy Behavioral Health Services, your local Community Service Board (CSB), provides mental health, substance use and intellectual/developmental disabilities services for those in the community with limited income.

