



BEHAVIORAL HEALTH SERVICES

Legacy Behavioral Health Services, your local Community Service Board (CSB), provides mental health, substance use and intellectual/developmental disabilities services for those in the community with limited income.

## Program Purpose

Our programs for individuals with intellectual and developmental disabilities (IDD) include activities, services, educational opportunities, and supports to assist them to live freely in their communities. IDD services provide individuals and their families year-round, high-quality social, recreational, vocational, and educational programs. Our IDD team of committed and skilled specialists helps people, and their families develop life skills and self-advocacy while boosting self-esteem, confidence, and independence via a caring, person-centered approach. We collaborate to improve people's everyday activities and quality of life via physical activity, education, arts & crafts, and leisure activities.



# Intellectual/Developmental Disability (IDD) Program

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## Services Offered:

- **Community Access** – A program that is focused on community integration. These services are designed to help the individuals develop skills to be independent and comfortable while they navigate community services
- **Pre-Vocational Services** – Prevocational services prepare an individual for employment by teaching social skills, communication skills, problem solving, safety and other work-related skills.
- **Supported Employment** – Supported Employment helps individuals obtain competitive work in the community and provide the supports necessary to ensure their success in the workplace.
- **Community Living Arrangement** – Community Living Arrangement (CLA) is a one-on-one 24/7 home supervision. Services include providing financial, healthcare, medication and behavioral management through a team of Human Service Technician, Developmental Disability professionals, and a Licensed Behavioral Health Analyst. Staff provides transportation and oversight of the individual into the community for shopping, dining, and various events for the purpose of community integration.
- **Nursing Services** – RN oversight on medication management and nursing assessments annually and when there is a change in medical status.
- **Routine Medical/Dental Services** – Staff advocacy to ensure that all individuals have access to annual medical and dental services.